



Marshall, Charles W.
SHATTERING THE GLASS SLIPPER:
*Destroying Fairy-Tale Thinking Before It
Destroys You*
Prominent Publishing (191 pp.)
\$15.95 paperback
September 2003
ISBN: 0-9748084-5-8

of choice, character and failure (yes, failure), are particularly noteworthy. Hopeless dreamers won't like hearing that they have to put effort into realizing their desires, but considering the popularity of tough talkers Dr. Phil and Larry Elder et al., the time could be ripe for Marshall's theory. Though he names the five deadly enemies of success—doubt, indulgence, emotion, distraction and comfort—most of his solutions refer to the seven powers. His logical suggestions explain that the only thing standing between an individual and success is that same individual. However, trying to overcome devastating addictions (indulgence) or depression (emotion) usually necessitates therapy, he notes—to be fair, he recommends taking the traditional steps for recovery. The material is rock solid and best summed up by the author himself: "Instead of waiting for your ship to come in, grab a hammer and build a boat."

Sadly, the people who would most benefit from this important message will probably be the least likely to pick it up.

—*Kirkus Discoveries*

